



March 30, 2021

To whom it may concern

TOKAI Holdings Corporation
Katsuhiko Tokita, President & CEO
(Code No. 3167 Tokyo Stock Exchange First Section)

"Health management excellent corporation 2021 ~ White 500" certified for 5 consecutive years

The company certified as "Health Management Excellent Corporation 2021 (Large-scale Corporate Sector) - White 500" jointly conducted by the Ministry of Economy, Trade and Industry and the Japan Health Council for the fifth consecutive year since 2017. In addition, in the "excellent corporations for health management (small and medium-sized corporations)", two companies have been additionally certified since last year, and the number of certified companies of the Group has increased from 15 last year to 17.

The Health Management Excellent Corporation Certification System commends large companies and small and medium-sized enterprises that are practicing particularly good health management based on efforts in line with local health issues and health promotion efforts promoted by the Japan Health Council.

Please refer to the link below for details on the certification system for excellent health management corporations.
<https://www.meti.go.jp/press/2020/03/20210304005/20210304005.html>

[Our group companies certified as excellent health management corporation (White 500)]



TOKAI Holdings Corporation
TOKAI Communications Corporation
TOKAI Cable Network Corporation
Toco Channel Shizuoka Corporation
TOKAI HOME GAS CORPORATION

TOKAI CORPORATION
TOKAI GAS CORPORATION
TOKAI Management Service Corporation
Energy Line Corporation
(9 companies)

[Our group companies certified as excellent corporations for health management (large-scale corporation



●Excellent health management corporation (large-scale corporation division)
LCV CORPORATION

●Excellent health management corporation (Small and medium-sized corporate sector)
Tokaizosen-unyu Corporation
TOKAI City Service Corporation
ICHIHARA COMMUNITY NETWORK TELEVISION CORPORATION
ATSUGI ISEHARA CABLE NETWORK CORPORATION]
KURASHIKI CABLE TELEVISION Inc
Tokyo Bay Network Co.,Ltd.
Cable Television Tsuyama Co., Ltd.

(8 companies)

TOKAI Group is mainly committed to the following health-promoting measures.

[Main Commitments]

- (1) “TOKAI Group Health Management Charter” has been established and group-wide health and productivity management is actively promoted through activities of Group’s umbrella organizations, namely the “Group Safety and Hygiene Controller Committee”, the “Group Health Management Council”, and the “Group Promotion of Shorter Working Hours Committee”, focusing on Charter’s three pillars of “safety and hygiene”, “health promotion”, and “work-style reforms”.
- (2) Health-related information such as medical checkup data is analyzed multifacetedly by cooperating with industrial physicians, external experts, and Employee Health Insurance System. Employees’ health-related issues are identified from such information and approached according to their risk levels. Initiatives are also being taken to “improve health literacy” of employees from a preventive point of view.
- (3) Reducing working hours, we are working to improve the workplace environment by responding to various work styles such as expanding the use of flex and telework, aiming for a comfortable workplace.

* Smart Meal is a common name for a well-balanced nutritious meal which includes elements contributing to health. It is granted to stores and enterprises after being reviewed and certified by the Healthy Meal and Dietary Environment Consortium.

The Group will continue to strive to realize its corporate philosophy of “For customers’ livelihood, along with the region, together with the earth, we will continue to grow and develop” through provision of health-related information to our employees, development of structures to encourage health promotion, and commitment to various health-promoting measures.

* The term “health and productivity management” is a registered trademark of the Workshop for the Management of Health on Company and Employee.

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